leading the charge towards a healthier world.

Through our rare combination of public health and health-related profession programs, University at Buffalo’s School of Public Health and Health Professions (SPHHP) aims to improve health and well-being for everyone. As a student here, you’ll join a community dedicated to research and education, where you can help better the health of people, communities and entire populations both locally and globally.

UB Curriculum
Our curriculum makes general undergraduate education a purposeful program with a beginning and an end, where every step of the journey builds on the last, readying graduates for everything to come.
For more details, visit buffal.edu/ubcurriculum.

Undergraduate and Combined Programs
Our academic programs allow you to prepare for a meaningful career helping people live healthier lives. As a student you’ll have the opportunity to:
• Gain practical experience through practicums, internships, independent study and volunteer activities.
• Develop skills and expertise to succeed as public health professionals, practitioners in the health professions, educators and researchers.
• Engage with expert faculty members in cutting-edge areas of research.
• Participate in an academic environment that strives to meet the health challenges facing our communities today and tomorrow.
• Establish an extensive social network that will help to launch your career.
In addition to our undergraduate programs, we also offer over 25 programs in five different departments at the certificate, masters and doctoral levels, including 3+2 combined BS/MS programs.
To learn more about all of our programs, visit sphhp.buffalo.edu/programs.

How to apply.
Freshman admission is based on a selective and holistic review process.
Important Dates and Deadlines:
Nov. 15 Early Action
Dec. 15 Scholarship Consideration
Feb. 1 Regular Decision
School Codes: SAT, 2925
ACT, 2978
Apply online today: admissions.buffalo.edu/apply.
Tessa James '19

“The exercise science program has labs and offers exercise electives to help implement all the anatomy and physiology we learn throughout the program. The faculty are very helpful and passionate about exercise science, which encourages students to learn as much as they can within the classroom so that they can apply it outside the classroom. My favorite part of the program so far has been the Gross Anatomy course! During that course is when I felt I had the chance to learn the most about the human body, which really helped in the upper division classes I am currently taking. I also have aspirations of going on to attend physical therapy school, so that course was extremely helpful and interesting.”

Exercise Science explores how human movement influences health, fitness, performance and disease prevention.

As an undergraduate student in Exercise Science, you will gain a solid knowledge base in various aspects of human physical activity: physiological, biomechanical and nutritional.

In the program, you are able to customize your degree by choosing a track to assist with your specific career goals. We offer tracks in pre-physical therapy, pre-health, applied exercise physiology and health promotion.

With an Exercise Science undergraduate degree, you will be able to advance your career in a variety of different directions.

- Start a career in cardiac and pulmonary rehabilitation, sports performance, corporate and community health, fitness and wellness programs as well as other allied health occupations in hospitals, educational institutions, corporations, fitness facilities and community centers.
- Continue your education to graduate or professional study in a variety of disciplines including medicine, chiropractic, physical therapy, physician’s assistant, public health and business administration.

To learn more about the program, visit sphhp.buffalo.edu/exercise-science-bs.
Joshua St. Louis

“Public Health is an overall diverse and integrating discipline. After taking Introduction to Public Health, I gained an academic perspective to many of the social problems I saw surrounding me. All of the courses I have taken involve a different aspect of public health phenomena. Topics range from global public health to social and behavioral studies. You can explore things like postpartum hemorrhage in sub-Saharan Africa and then social inequality in the United States. Mostly, I have enjoyed the wide range of topics discussed in lectures and being able to research entirely different public health problems at the same time. UB is an excellent choice to attend.”

How to make public health your personal mission.

PUBLIC HEALTH BS

Public health is the science and art of protecting and improving the health of communities through education, promotion of healthy lifestyles, and research for disease and injury prevention.

The undergraduate program in public health provides students with the skills necessary to understand the complex factors that influence the health of individuals, families, communities and populations, and address these factors to improve health outcomes for both individuals and societies.

Faculty in the program help you consider, address and explore answers to important public health questions.

- How does the built and natural environment influence our health, and how can we reduce risk factors?
- How can we encourage healthy behavior in our communities? Does what works for one community work for others?
- What causes disease and injury, how do we know what the risk is, and how can we prevent further incidents?

Obtaining a degree in public health, will allow you to explore a variety of professions.

- Graduates work in government agencies such as the Centers for Disease Control and Prevention, state and local health departments, hospitals, health care administration, research and clinical laboratories. Public health professionals work alongside doctors, social workers, government officials, community leaders and educators.
- Graduates can choose to continue to graduate or professional study in a variety of disciplines including a master of public health (MPH) degree. SPHHP offers the MPH in six concentrations: biostatistics, community health and health behavior, environmental health, epidemiology, health services administration and an individualized approach.

To learn more about the program, visit sphhp.buffalo.edu/public-health-bs.
Merissa K. Lissade ’18

“I chose UB because of the many great programs they offer. Already enrolled in the statistics minor, I wanted to learn more. Once the opportunity arose for the new BA in Statistics, I knew I wanted to take advantage of it. As I immersed myself in the courses, each one had a different way in which they applied the basic tools of statistics to study different areas like public health, finance and economics. I learned how to use different software to manage, manipulate, and analyze data in order to use the information to follow trends, solve problems, and predict possible future outcomes. What I enjoyed most at UB are the relationships I have built with friends and faculty. I have had wonderful faculty members as mentors to support and guide me to my success at UB.”
Susan Weng ‘19

“I truly believe that the OT program at UB sets students up for success. My time at the university has improved my ability to bond with other students and given me a diverse perspective. The courses and curriculum in the program are helping me build a foundation to which I can either continue my education or become an entry level OT upon graduation. While courses such as Functional Anatomy, Medical Conditions and Neurorehabilitation Across the Lifespan are challenging, I have been given many opportunities to use and apply my knowledge in both fieldwork and group projects.”

To learn more about the program, visit sphhp.buffalo.edu/ot-bsms.

How to help improve quality of life for everyday living.

OCCUPATIONAL THERAPY BS/MS

As an occupational therapy student, you will engage in hands-on learning focused on maximizing health, well-being and quality of life for people by facilitating participation in everyday living with this 5-year combined BS/MS program, accredited by the Accreditation Council for Occupational Therapy Education. (4720 Montgomery Lane, Suite 200, Bethesda, MD 20814-3449; 301-652-2682).

Through the education you receive in the combined program, you will gain the knowledge you need to pass the national certification exam and state licensure requirements to enter the field of occupational therapy. Graduates of our program work in all types of private, nonprofit and public settings, including:

• Schools
• Hospitals
• Rehabilitation centers
• Nursing homes
• Community health agencies
• Private practices

To learn more about the program, visit sphhp.buffalo.edu/ot-bsms.
Expand your options with a **combined program.**

**How to get there faster: 3+2 options.** We offer opportunities to bridge your undergraduate and graduate studies through our unique combined programs.

**Exercise Science Combined Programs**
Take an expedited path to education in exercise science while earning a master’s degree focused on athletic training, exercise and prevention from a population and community-based perspective, or focused on human health and wellness.

- BS/MS Athletic Training
- BS/MPH Epidemiology
- BS/MS Exercise Science
- BS/MS Nutrition
- BS/DPT Doctor of Physical Therapy

**Public Health Combined Programs**
Address current and emerging public health challenges by obtaining the knowledge and skills you need to create change in our world.

- BS/MPH (Five concentrations and individualized.)
- BS/MS Community Health and Health Behavior
- BS/MS Epidemiology

For more details, visit: [sphhp.buffalo.edu/combined-programs](http://sphhp.buffalo.edu/combined-programs).

**Minors**
Complement a range of majors with our minor programs.
- Nutrition
- Public Health
- Statistics

For more details, visit: [sphhp.buffalo.edu/minor-programs](http://sphhp.buffalo.edu/minor-programs).

**Ask us more about our options for combined degree programs! The opportunities await.**

Do what you love.
Try something uniquely new.
Build your career.
Make lifelong international friends.

Here, you get to choose the opportunities that will change your life.

Discover your passion, experience the power of engagement, learn about yourself and others, and make amazing memories during your time on the UB campus.

You can also get involved in UB and school clubs to further your experience.

[buffalo.edu/studentlife/get-involved](http://buffalo.edu/studentlife/get-involved)

For more details on applying as an international student, visit: [sphhp.buffalo.edu/international-admissions.html](http://sphhp.buffalo.edu/international-admissions.html).
Schedule a visit with us, and leave campus knowing the only thing you will want to call the University at Buffalo is home.

Come to campus to have your questions answered, meet our faculty and students, and find out what life is like at UB.

To schedule a visit, go to sphhp.buffalo.edu/visiting.

UB’s South Campus on Main Street is a Western New York landmark that dates back to the 1920s. Located in a residential neighborhood in North Buffalo, it is home to classic ivy-covered buildings, dormitories and cutting-edge research and teaching facilities.

Contact us: 716-829-5000 or sphhp-oasa@buffalo.edu