Here
IS HOW.

University at Buffalo
School of Public Health and Health Professions
The University at Buffalo School of Public Health and Health Professions (SPHHP) combines public health and health-related professions to promote health and well-being for all. By becoming a student at UB SPHHP, you will become part of a community that supports research and education, providing you the opportunity to help improve the health of populations, communities and individuals locally and globally.

**UB Curriculum**
Our curriculum makes general undergraduate education a purposeful program with a beginning and an end, where every step of the journey builds on the last, readying graduates for everything to come.

For more details, visit [buffalo.edu/ubcurriculum](http://buffalo.edu/ubcurriculum).

**Undergraduate and Combined Programs**
Our academic programs allow you to prepare for a meaningful career, helping people live healthier lives. As a student you’ll have the opportunity to:

- Gain practical experience through practicums, internships, independent study, and volunteer activities.
- Develop skills and expertise to succeed as public health professionals, practitioners in the health professions, educators and researchers.
- Engage with expert faculty members in cutting-edge areas of research.
- Participate in an academic environment that strives to meet the health challenges facing our communities today and tomorrow.
- Establish an extensive social network that will help to launch your career.

In addition to our undergraduate programs, we also offer over 25 programs in five different departments at the certificate, masters and doctoral levels, including 3+2 combined BS/MS programs. To learn more about all of our programs, visit [sphhp.buffalo.edu/programs](http://sphhp.buffalo.edu/programs).

UB’s nationally recognized Finish in 4 initiative commits to providing students with the resources and clear curricular plans needed to earn a degree in four years. And yes: Participants who fulfill all program obligations but are unable to graduate in four years can finish their degree at UB free of tuition and fees.

[advising.buffalo.edu/fif](http://advising.buffalo.edu/fif)

63% of UB’s inaugural Finish in 4 class graduated within four years.

34% national average for students finishing a four-year degree on time.

For more details, visit [buffalo.edu/ubcurriculum](http://buffalo.edu/ubcurriculum).
Tessa James

“The exercise science program has labs and offers exercise electives to help implement all the anatomy and physiology we learn throughout the program. The faculty are very helpful and passionate about exercise science, which encourages students to learn as much as they can within the classroom so that they can apply it outside the classroom. My favorite part of the program so far has been the Gross Anatomy course! During that course is when I felt I had the chance to learn the most about the human body, which really helped in the upper division classes I am currently taking. I also have aspirations of going on to attend physical therapy school, so that course was extremely helpful and interesting.”

How to turn knowledge into strength.

Exercise Science explores how human movement influences health, fitness, performance and disease prevention.

As an undergraduate student in Exercise Science, you will gain a solid knowledge base in various aspects of human physical activity; physiological, biomechanical and nutritional.

In the program, you are able to customize your degree by choosing a track to assist with your specific career goals. We offer tracks in pre-physical therapy, pre-health, applied exercise physiology, and health promotion.

With an Exercise Science undergraduate degree, you will be able to advance your career in a variety of different directions.

- Start a career in cardiac and pulmonary rehabilitation, sports performance, corporate and community health, fitness, and wellness programs as well as other allied health occupations in hospitals, educational institutions, corporations, fitness facilities and community centers.
- Continue your education to graduate or professional study in a variety of disciplines including medicine, chiropractic, physical therapy, physician’s assistant, public health, and business administration.

To learn more about the program, visit sphhp.buffalo.edu/exercise-science-bs.
Joshua St. Louis

“Public Health is an overall diverse and integrating discipline. After taking Introduction to Public Health, I gained an academic perspective to many of the social problems I saw surrounding me. All of the courses I have taken involve a different aspect of public health phenomena. Topics range from global public health to social and behavioral studies. You can explore things like postpartum hemorrhage in sub-Saharan Africa and then social inequality in the United States. Mostly, I have enjoyed the wide range of topics discussed in lectures and being able to research entirely different public health problems at the same time. UB is an excellent choice to attend.”
Merissa K. Lissade

“I chose UB because of the many great programs they offer. Already enrolled in the statistics minor, I wanted to learn more. Once the opportunity arose for the new BA in Statistics, I knew I wanted to take advantage of it. As I immersed myself in the courses, each one had a different way in which they applied the basic tools of statistics to study different areas like public health, finance and economics. I learned how to use different software to manage, manipulate, and analyze data in order to use the information to follow trends, solve problems, and predict possible future outcomes. What I enjoyed most at UB are the relationships I have built with friends and faculty. I have had wonderful faculty members as mentors to support and guide me to my success at UB.”

How to crunch data to see the big picture.

STATISTICS BA

Statistics is the science of collecting, organizing, summarizing, analyzing, and interpreting data in order to make decisions and answer important questions.

Today’s employers look for graduates who can assist in the planning of studies and effectively analyze data and those with a statistics degree can provide strong skillsets for applications in business and the sciences. Obtain a degree in statistics and learn how to help top companies, government agencies, and academic institutions efficiently utilize data in the face of uncertainty.

Learn from the experts. Our statistics program is located within the School of Public Health and Health Professions, which allows you access to cutting-edge researchers who are using and developing next level statistical techniques.

Customize your program by selecting from a variety of statistics electives to meet your educational and career goals.

• Gain broad based knowledge of statistical theory, methods and applications.
• Gain skills to work in a wide variety of fields including health care, business, education, and government.
• Engage in meaningful data analysis to help address today’s most pressing issues.
• Prepare for graduate or professional study.

To learn more about the program, visit sphhp.buffalo.edu/statistics-ba.
Susan Weng

“I truly believe that the OT program at UB sets students up for success. My time at the university has improved my ability to bond with other students and given me a diverse perspective. The courses and curriculum in the program are helping me build a foundation to which I can either continue my education or become an entry level OT upon graduation. While courses such as Functional Anatomy, Medical Conditions and Neurorehabilitation Across the Lifespan are challenging, I have been given many opportunities to use and apply my knowledge in both fieldwork and group projects.”

How to help improve quality of life for everyday living.

**OCCUPATIONAL THERAPY BS/MS**

As an Occupational Therapy student, you will engage in hands-on learning focused on maximizing health, well-being, and quality of life for people by facilitating participation in everyday living with this 5-year combined BS/MS program, accredited by the Accreditation Council for Occupational Therapy Education, 4720 Montgomery Lane, Suite 200, Bethesda, MD 20814-3449; (301-652-2682).

Through the education you receive in the combined program, you will gain the knowledge you need to pass the national certification exam and state licensure requirements to enter the field of Occupational Therapy.

Graduates of our program work in all types of private, nonprofit and public settings, including:

- Schools
- Hospitals
- Rehabilitation centers
- Nursing homes
- Community health agencies
- Private practices

To learn more about the program, visit sphb.buffalo.edu/ot-bsms.
Expand your options with our combined program.

**How to get there faster: 3+2 options.** We offer opportunities to bridge your undergraduate and graduate studies through our unique combined programs.

**Exercise Science Combined Programs**
Designed to provide you an expedited path to education in exercise science while earning a master’s degree focused on athletic training, exercise and prevention from a population and community-based perspective, or human health and wellness.
- BS/MPH Epidemiology
- BS/MS Athletic Training
- BS/MS Exercise Science
- BS/MS Nutrition

**Public Health Combined Programs**
Address current and emerging public health challenges by obtaining the knowledge and skills you need to create change in our world.
- BS/MPH (Five concentrations and individualized.)
- BS/MS Community Health and Health Behavior
- BS/MS Epidemiology

For more details, visit: [sphhp.buffalo.edu/combined-programs](sphhp.buffalo.edu/combined-programs).

**Minors**
Complement a range of majors with our minor programs.
- Health and Wellness
- Nutrition
- Public Health
- Statistics

For more details, visit: [sphhp.buffalo.edu/minor-programs](sphhp.buffalo.edu/minor-programs).

Ask us more about our options for combined degree programs! The opportunities await.

**How to make every spare moment add up.**
- Do what you love.
- Try something uniquely new.
- Build your career.
- Make lifelong international friends.

Here, you get to choose the opportunities that will change your life.
UB provides you the opportunity to discover your passion, experience the power of engagement, learn about yourself and others, and make amazing memories during your time on campus. You will also have the opportunity to get involved in UB and school clubs to further your experience.

For more details on applying as an international student, visit: [sphhp.buffalo.edu/international-admissions.html](sphhp.buffalo.edu/international-admissions.html).

[buffalo.edu/studentlife/get-involved](buffalo.edu/studentlife/get-involved).
Schedule a visit with us and leave campus knowing the only thing you will want to call the University at Buffalo is home.

Our prospective student sessions are designed to help answer common questions, allow for interaction with current faculty and students, and provide a glimpse into what life is like at UB.

To register, visit sphhp.buffalo.edu/visiting.

UB’s South Campus on Main Street is a Western New York landmark that dates back to the 1920s. Located in a residential neighborhood in North Buffalo, it is home to classic ivy-covered buildings, dormitories, and cutting-edge research and teaching facilities.

Contact us: 716-829-5000 or sphhp-oasa@buffalo.edu