



# 2017 STEP CHALLENGE

University at Buffalo  
School of Public Health and Health Professions

DATE	STEPS	WEEKLY TOTAL	MONTHLY PROGRESS
<b>WEEK 1</b>			
4/1/2017	10000		
4/2/2017	10000		
4/3/2017	10000		
4/4/2017	10000		
4/5/2017	10000		
4/6/2017	10000	60000	60000
<b>WEEK 2</b>			
4/7/2017	10000		
4/8/2017	10000		
4/9/2017	10000		
4/10/2017	10000		
4/11/2017	10000		
4/12/2017	10000		
4/13/2017	10000	70000	130000
<b>WEEK 3</b>			
4/14/2017	10000		
4/15/2017	10000		
4/16/2017	10000		
4/17/2017	10000		
4/18/2017	10000		
4/19/2017	10000		
4/20/2017	10000	70000	200000
<b>WEEK 4</b>			
4/21/2017	10000		
4/22/2017	10000		
4/23/2017	10000		
4/24/2017	10000		
4/25/2017	10000		
4/26/2017	10000		
4/27/2017	10000		
4/28/2017	10000		
4/29/2017	10000		
4/30/2017	10000	100000	300000