



2017 STEP CHALLENGE

University at Buffalo
School of Public Health and Health Professions

DATE	STEPS	WEEKLY TOTAL	MONTHLY PROGRESS
WEEK 1			
4/1/2017			
4/2/2017			
4/3/2017			
4/4/2017			
4/5/2017			
4/6/2017			
WEEK 2			
4/7/2017			
4/8/2017			
4/9/2017			
4/10/2017			
4/11/2017			
4/12/2017			
4/13/2017			
WEEK 3			
4/14/2017			
4/15/2017			
4/16/2017			
4/17/2017			
4/18/2017			
4/19/2017			
4/20/2017			
WEEK 4			
4/21/2017			
4/22/2017			
4/23/2017			
4/24/2017			
4/25/2017			
4/26/2017			
4/27/2017			
4/28/2017			
4/29/2017			
4/30/2017			