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Preface

This manual has been assembled to inform the student and clinical site supervisors of the policies of the University at Buffalo Exercise Science Program. Students are strongly encouraged to refer to this manual for questions related to clinical experiences. In addition, all students are governed by Rules and Regulations of the University at Buffalo. These can be found on the Office of Judicial Affairs & Student Advocacy website: http://www.ub-judiciary.buffalo.edu/rulerreg/

Introduction

The University at Buffalo (UB) is the largest and most comprehensive university center in the State University of New York system. The Exercise Science program is housed in the Department of Exercise & Nutrition Sciences which is part of the School of Public Health and Health Professions (SPHHP) at UB. SPHHP offers a wide range of degree programs, from the multidisciplinary master of public health; to professional degrees in occupational therapy, physical therapy and nutrition; to research-oriented graduate degrees in epidemiology, biostatistics, community health and health behavior, assistive technology, nutrition, and exercise science, as well as medical residency programs in preventive medicine. For more information, visit our website at: http://sphhp.buffalo.edu/programs.php

Program Mission:

Mission of the Department of Exercise and Nutrition Sciences: The department educates undergraduate and graduate students in Exercise and Nutrition Sciences and maintains active basic and clinical research programs, in an environment that emphasizes scientific inquiry and discovery. As an integral part of the UB School of Public Health and Health Professions, the department is committed to excellence in scholarship, interdisciplinary collaboration, community impact, and furthering the scientific and clinical professions represented by our faculty and students.

Vision: The health and well-being of society will have improved because of our scientific discoveries and education of researchers and professionals, and our commitment to outreach and community education.

Strategic Intent: Advance to the upper echelon of peer departments. Achieve national recognition for our research accomplishments and become a magnet for the best students and faculty, especially those attracted by the interdisciplinary synergy of the exercise and nutrition sciences within the department.
Curriculum (for students who entered Upper Division in Fall 2012):

Human Anatomy or Comparative Primate Anatomy
Human Physiology
General Chemistry I & II (with labs)
College Physics I & II (with labs)
Survey of Calculus or College Calculus I
Statistics
General Psychology
Science of Human Movement
Human Nutrition

Plus University at Buffalo general education requirements that are not met by the courses above.

Students must apply and be accepted to the Professional Sequence before beginning the upper division sequence below.

Summer:
ANA 407 Human Gross Anatomy

<table>
<thead>
<tr>
<th>Third Year (Fall)</th>
<th>Third Year (Spring)</th>
</tr>
</thead>
<tbody>
<tr>
<td>ES 310 Ex. Assess. and Prescr. I</td>
<td>4 cr.</td>
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<tr>
<td>ES 342 Neuroscience I</td>
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</tr>
<tr>
<td>ES 380 Exercise Physiology</td>
<td>3 cr.</td>
</tr>
<tr>
<td>ES 300 Athletic Injury</td>
<td>3 cr.</td>
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<tr>
<td>ES 341 Critical Analysis of Sci. Lit.</td>
<td>2 cr.</td>
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<tr>
<td>ES 343 Neuroscience II</td>
<td>3 cr.</td>
</tr>
<tr>
<td>ES 442 Applications in ES</td>
<td>1 cr.</td>
</tr>
<tr>
<td>ES 370 Biomechanics</td>
<td>4 cr.</td>
</tr>
<tr>
<td>ES 330 Lifespan Physiol.</td>
<td>3 cr.</td>
</tr>
<tr>
<td>Electives*</td>
<td>3 cr.</td>
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<tr>
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<td>14 credits</td>
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</table>

Fourth Year (Fall)

| ES 340 Special Cases         | 3 cr.                    |
| ES 402 Exercise Nutrition    | 2 cr.                    |
| ES 410 Ex. Assess and Prescr. II | 3 cr.                |
| ES 450 Professional Development | 1 cr.                  |
| ES 468 Epi & Public Health   | 3 cr.                    |
| Electives*                  | 3 cr.                    |
|                             | 15 credits               |

Fourth Year (Spring)

| ES 429 Internship            | 12 cr.*                  |
| *(Must have all ES courses completed and at least a 2.0 ES GPA)* |

*Electives – need a total of 6 credits of approved elective courses. For more information, go to: [http://sphhp.buffalo.edu/ens/esbs/curriculum.php](http://sphhp.buffalo.edu/ens/esbs/curriculum.php)
I. Philosophy of Clinicals

A. Purpose of the Clinical Experience
The undergraduate curriculum in Exercise Science is designed to present concepts that prepare students to become leaders in their profession. Clinicals are defined as any field experience (volunteer hours, practicum, or internship) in the form of on-campus or off-campus learning environments designed to expose the student to “real world” situations. In addition to classroom experience, the Exercise Science department provides students with the opportunity to participate in a pre-professional experience. Learning to synthesize theory into practicality assists our students in making the transition from student to professional.

B. Clinical (internship or practicum) objectives

The clinical is designed to provide students with the opportunity to:

1. Apply the knowledge and skills learned in the academic program with actual clients/patients
2. Expand the knowledge and skills acquired in the academic program
3. Refine the interpersonal skills and attitudes necessary for effective interaction and communication
4. Promote the continued development of self-evaluation and problem-solving skills
5. Facilitate clarification of career objectives
6. Effectively and efficiently facilitate the transition from the role of student to the role of professional

II. Program Policies

A. Clinical Schedules

The Exercise Science curriculum is designed for students to complete an optional practicum (1-3 credits) during the program and the full semester (12 credit) internship during the spring semester of the senior year. However, if necessary, students can complete their internship during the summer or fall semester after completion of all ES required coursework.

Fall Schedule August – December
Spring Schedule January – May
Summer Schedule May – August
B. **Clinical Site**

Students typically complete the clinical at one site during the specified semester. It is up to the student to select a site from the list of clinical sites with active affiliation agreements. If more than one person applies for a single position, the site makes the selection.

C. **Correspondence**

1. **Student with Clinical Director**

   Students are encouraged to meet with the clinical director during the spring semester of the junior year or the fall semester of the senior year. The purpose of these meetings is to help students in the decision making process of selecting an appropriate clinical. More specific guidelines on contacting sites can be found in the section “Securing an Internship”.

2. **On-site visits**

   On-site clinical visits by the clinical director to students on internships provide the student, the site supervisor, and the clinical director with an opportunity to exchange views on students’ performance, insure a correlation between academic preparedness and internship experience and evaluate the academic program’s preparation of students.

   It is not the purpose of the on-site visit to have academic faculty evaluate student performance. Although students may be observed, that observation will not be used to evaluate student’s overall performance. The extensive observations of the site supervisor will be used to evaluate the performance of student interns. Conference notes related to student performance and academic preparation will be kept on file by the clinical director. Feedback from site supervisors will be recorded and discussed with academic faculty. Because of the cost associated with on-site visits, a student may not be visited during the internship experience. In that case, phone conversations will replace the site visit.

D. **Legal Issues**

1. **Affiliation Agreements**

   a. **Affiliation Agreement**

      The Exercise Science Program is required to negotiate a formal written agreement with each clinical site. Once the contract has been signed, it is an ongoing agreement unless one party wishes to terminate. A copy of the agreement is available upon request.
b. Certificates of Insurance
Each site that has signed an Affiliation Agreement with the University at Buffalo, Exercise Science Program will be automatically named as an additional insured with respect to clinical training of students through the State University of New York. A copy of the certificate of insurance can be obtained from the Director of Clinical Education.

2. Guidelines regarding Incidents with clients or injury to self

Students are to report all incidents or accidents involving themselves or clients to their site supervisor. The site supervisor should follow the site’s protocol regarding incidents and accidents. In addition, the site supervisor should notify the Exercise Science Clinical Director. Appropriate written documentation should be completed as per the procedure set forth by the site. Students must carry his/her own private health insurance to cover any injury that might result from the internship experience.

Students are advised to speak only to the site supervisor regarding the incident/accident that they witnessed or were part of. All matters regarding the incident/accident should be kept confidential.

E. Attendance Policies

1. Tardiness and Absences
a. All students are expected to arrive at the clinical site at the starting date and time indicated by the facility. Students must notify the site supervisor at least two weeks in advance if they are unable to arrive on the expected start date.
b. Throughout the clinical you should follow the agency’s policies concerning absenteeism and tardiness.
c. If an absence is anticipated or tardiness occurs for any reason, a call to the agency is necessary. If your supervisor cannot be reached, a message should be left explaining the situation. However, it is strongly advised to talk directly to the supervisor to whom you are responsible.
d. Days off: Students should not ask for time off. Absences due to illness or unexpected events are acceptable; however, the time missed will need to be made up. The site supervisor will use his/her discretion regarding time off.

2. Holidays

During the internship, interns will observe the agency’s holidays and not those of UB.
F. **Dress**

1. Students should act and dress in a professional manner. Dress and demeanor should be in accordance with agency standards and expectations. Tank tops and T-shirts are never considered professional attire.

2. Proper Identification should be worn based on the agency standards, requirements, and expectations (i.e. JCAHO for hospitals). This identification should be provided by the agency and should be worn at all times during the internship. Exercise Science shirts may be worn frequently throughout the clinical as well (if appropriate for the site).

G. **On-site Supervision and Counseling**

An employee at the site will be designated to supervise the internship experience. The student and supervisor will both benefit from establishing a professional relationship characterized by openness and mutual respect. A good test of this relationship is the degree to which the student is able to "level" with the supervisor, communicate learning needs, present problems, and admit mistakes.

In the event that problems exist to the degree that failure in performance is probable, the student and the clinical director must be notified **BEFORE** failure becomes a high probability so that discussions can be initiated regarding alternatives for students.

H. **Evaluation Procedures**

Evaluation of a student’s performance should be an on-going process. The site supervisor and student should establish a learning plan. Initially this plan is based on the student's current knowledge and his/her level of skill and performance is evaluated based on mutually established goals. As the goals are achieved, the plan should allow for higher levels of performance and responsibility. The goals must be submitted via UB Learns within the first week of the clinical.

The major areas of growth are identified on the midterm and final evaluations (on UB Learns). These evaluations are to be used at the midpoint of the internship and upon completion of the experience. These evaluations are submitted by the student and/or supervisor via UB Learns to the Clinical Director and serve as the basis for the P-F grading used for practicum and internships. The site supervisor is encouraged to complete these evaluations on UB Learns with the student.

**University Policies and Procedures:**
University policies and procedures related to undergraduate and graduate study are available at UB’s Website: [http://buffalo.edu/](http://buffalo.edu/)
At UB information on most topics related to a student’s university life can be found on the university website. Some commonly used websites are:

Student Response Center  http://sarfs.buffalo.edu/src.php
Office of the Registrar  http://registrar.buffalo.edu/
School of Public Health and Health Professions:  http://sphhp.buffalo.edu/
Please refer to these websites for information on the following topics:
  Academic Integrity
  Disability Services
  Graduation Policies
  Academic Regulations & Procedures
  Financial Aid Regulations
  Grievance Procedures
  Degree Requirements
  Grading Policies

I.  Termination of a Clinical

1.  A clinical is a cooperative relationship between the University, the clinical site and the student. Reasons deemed sufficient for termination of a clinical are:

   a.  Mutual consent and agreement for termination by the student, clinical site, and Clinical Director for reasons of illness, emergency, or other unforeseen problems.
   b.  Failure, on the part of the intern, to abide by the policies of the clinical site or the policies of the UB Exercise Science Program.
   c.  Failure by the student to establish and maintain a satisfactory performance level in his/her role.
   d.  Failure of the clinical site and/or site supervisor to abide by agreed upon supervision and educational experiences of the student.

2.  Procedures for Termination

   Termination of the assignment of a student under conditions stated above should follow carefully developed procedures to insure just consideration for all parties involved.

   a.  Any student performing unsatisfactorily should be informed of what needs to be improved immediately and will be placed on Professional Behavior Watch. Professional Behavior Watch is a category for those students we find not exhibiting the highest standards of professional ethics and conduct. This may impact your continuation in the upper division, future practicum, and internship in exercise science. Certain restrictions and duties may be required/must be completed prior to enrolling or completing the clinical.
   b.  The site supervisor should document the areas of unsatisfactory performance and the pursuant conversations with the student. The
supervisor should make every reasonable effort to insure that the student is continually aware of his/her progress.

c. The Clinical Director should be informed immediately of any problems.

Removal from a clinical experience should not be the result of a series of minor or unadvised problems. If removal appears necessary, the reasons should be put in writing by the site supervisor and given to the student and the Clinical Director. The Clinical Director will talk with all parties involved in the situation before a final decision is made.

If a student is terminated from a clinical, the Clinical Director will first place the student on professional behavior watch and then strike an ad hoc committee to review the circumstances of the termination. The committee will make a recommendation to the Program Director or Department Chair. One possible outcome is dismissal from the Exercise Science Program. The student will have the option to appeal.

J. CPR/First Aid certification

Students are required to complete a minimum of Standard First Aid and CPR (Healthcare Provider Basic Life Support). Proofs of these certificates are on file with the Clinical Director. It is the student’s responsibility to make sure the certificates are valid throughout the clinical. Failure to comply may result in removal from the clinical.

K. Health Requirements

Participation in clinical experiences by Exercise Science students necessitates that particular attention be given to protecting the health of both the students and the public with whom they come in contact. Certain preventative measures on the part of the Exercise Science students are therefore required.

1. All students must provide a completed health background form (and annual health update) and proof of immunizations as required by N.Y.S. law.
2. The completed health background (and annual health update) form must be on file in Student Health Services (Michael Hall) before any clinical hours are completed.
3. All students are provided the opportunity to receive the Hepatitis B vaccine (at their expense). Waiver forms can be signed by the student to decline this offer. Students that receive the vaccine will have record of this on the health background form.
4. The University at Buffalo requires each student to carry Student Health Insurance or comparable coverage for emergency medical care. The student must carry proof of medical insurance with him or her to the clinical site.
L. HIPAA COMPLIANCE

To comply with federal regulations, all Exercise Science students are required to complete Health Insurance Portability and Accountability Act (HIPAA) training as a prerequisite to their internships. All students must successfully complete the SPHHP’s HIPAA web training course prior to starting their clinical.

M. Universal Precautions

Universal precautions training must be completed annually by upper division ES students prior to clinical experiences. After viewing the training module, students must complete the competency exam with a score of 70% or higher.

III. Requirements for Exercise Science Clinicals

A. Registration

Practicum – Students may register for a 1, 2, or 3 credits of Undergraduate Practicum (ES 496). No more than 3 credits of practicum will count toward Undergraduate Exercise Science elective courses. You will be required to work 3 hours per week for 15 weeks for every one credit of practicum. Graduate students can register for Graduate Practicum (ES 592).

Internships - Students must register for twelve (12) credits of internship (ES 429). To fulfill the requirements for ES 429, students are required to log 30-40 hours per week for 12-16 weeks (40 hours a week/credit hour) for a total of 480 hours.

B. Completion of Course Work

1. Students **must complete all courses** specified by the exercise science curriculum (including electives) prior to enrollment in the internship. Any student that has not completed the required courses will be required to complete the internship during the next semester

   Exception: ES 370 (Biomechanics) for students who deferred taking ANA 407.

2. Any student on academic probation in the semester preceding the internship may be required to participate in an internship on the UB campus.

C. Other

Department policy prohibits students from fulfilling the clinical requirement at a previous or present employment site (OR practicum site).
D. Timeline

Time line for Securing a Clinical – Practicum Only

The following time line should be followed when setting up practicum. Students may be denied a practicum for the requested semester if deadlines are not met.

<table>
<thead>
<tr>
<th></th>
<th>Spring Practicum</th>
<th>Summer Practicum</th>
<th>Fall Practicum</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contact or Interview with site supervisor</td>
<td>December 1</td>
<td>May 1</td>
<td>August 1</td>
</tr>
<tr>
<td>Site Acceptance letter submitted</td>
<td>January 1</td>
<td>June 1</td>
<td>September 1</td>
</tr>
</tbody>
</table>

Time line for Securing a Clinical – Internship Only

The following time line should be followed when setting up internships. Students may be denied an internship for the requested semester if deadlines are not met.

<table>
<thead>
<tr>
<th></th>
<th>Spring Internships</th>
<th>Summer Internships</th>
<th>Fall Internships</th>
</tr>
</thead>
<tbody>
<tr>
<td>Internship Application and Resume</td>
<td>November 1</td>
<td>March 1</td>
<td>June 1</td>
</tr>
<tr>
<td>New Site info submitted for contracts</td>
<td>No later than October 15</td>
<td>No later than March 1</td>
<td>No later than June 1</td>
</tr>
<tr>
<td>Interview with site supervisor</td>
<td>November 15</td>
<td>April 15</td>
<td>July 15</td>
</tr>
<tr>
<td>Site Acceptance letter submitted</td>
<td>December 1</td>
<td>May 1</td>
<td>August 1</td>
</tr>
</tbody>
</table>
IV. Selecting a Clinical Site

A. Affiliated sites

https://mysphhp.buffalo.edu/clinicalsites/ is a database of clinical sites affiliated with the Exercise Science Program. Contact information and other information about interning at the sites can be found in the database.

B. Useful web sites

http://phfr.com/InternshipFinder/ is a listing of health and fitness internships. Most sites are not affiliated with the ES program.

www.internsearch.com is a listing of health/fitness/wellness internships. Most sites are not affiliated with the ES program.

C. New sites

The affiliation process takes a minimum of 6-8 weeks so start early for new site development. You cannot start the clinical until the site and the University sign the affiliation agreement. If a student wishes to apply to a site not affiliated with the Program, the following must occur:

1. Student will make initial contact with the site(s)
2. Student will submit a site development form (see Appendix III) to the Clinical Director.
3. Clinical Director will evaluate the site.
4. If the site meets the criteria for acceptance an affiliation agreement will be sent to the site.

Acceptance Criteria:

a. Site supervisor should have a minimum of a Bachelor of Science degree in Exercise Science, Health and Wellness or Physical Education OR a health care professional with additional supporting certification for the specific clinical.
b. Atmosphere is conducive to learning as demonstrated by adequate work space, staffing and supervision.
c. Staff displays interest and a commitment to the clinical education process.
d. Staff display professional ethics and serve as professional role models.
D. **Internal sites**

1. Any student may apply for an internal clinical; however, students completing ES 496 practicum during their junior year may be required to apply for a practicum placement internal to the university.

2. **Research Clinical**

   Undergraduate students are afforded the opportunity to assist in laboratory experiences. Students who are interested in furthering their educational goals in a research/laboratory setting should explore this option.

   a. Students should apply directly to the primary investigator or director.
   b. The course instructor or lab director will provide interested students with a list of the associated responsibilities and expectations.
   c. If students wish to have the research assistant role considered for credit, they must clear this with the Clinical Director.

V. **Securing a Clinical**

A. Review potential sites through the web-based database:
   [https://mysphhp.buffalo.edu/clinicalsites/](https://mysphhp.buffalo.edu/clinicalsites/)

B. If you have questions about selecting a site, schedule an appointment to discuss internship opportunities with the Clinical Director.

C. Prepare and submit your portfolio, including your resume and cover letter for approval to Clinical Director. Information on preparing resumes, cover letters and portfolios will be provided in ES 450 – Professional Development. Assistance is also available through the University at Buffalo Career Services office ([www.ub-careers.buffalo.edu/](http://www.ub-careers.buffalo.edu/)).

D. It is strongly recommended that you have your resume/cover letter reviewed by Career Services **prior to initiating contact** with affiliated sites.

E. Contact potential supervisor and set up an interview.

F. Once accepted at a site, ask the Site Supervisor to send an official site acceptance letter to the Clinical Director.
VI. Responsibilities of Student

A. Personal Conduct and Ethical Behavior

Each clinical site has its own standard operating procedures and regulations related to personal conduct and ethical behavior. Although you are a member of this setting for only a brief period of time, you are responsible for adhering to established procedures and regulations. This involves using good judgment and common sense, not only within the setting but also in the outside community. The site supervisor will orient you to procedures and regulations upon arrival at the site. Additionally, you must also observe policies established by the University, School and Departmental major. The following regulations govern the personal conduct and ethical behavior of students:

1. A clear and balanced perspective is needed in relationships with other members of the staff and clients. Should problems arise, seek guidance of Site Supervisor or Clinical Director.

2. CONFIDENTIALITY. The student is obligated to protect the rights, privacy, dignity, and integrity of others. The confidential nature of any information should be discussed only with those privileged to access this information. When in doubt, seek guidance of Site Supervisor.

3. General appearance is one measure of personal conduct. Whether or not a uniform is worn, appearance must be clean, neat, and appropriate.

4. The site supervisor establishes the limits of student’s responsibilities and authority. These limits must be observed. When in doubt, seek guidance of Site Supervisor to avoid misunderstanding and possible misconduct.

B. Evaluation

1. Student’s Role

It is your responsibility to inform the Clinical Director of any problems that cannot be successfully resolved through the site supervisor. You are also responsible for reminding the site supervisor of the mid-term and final evaluation policy.

2. Goal Worksheet

Using the goal worksheet (on UB Learns) the student will evaluate himself/herself prior to the clinical, at midterm and at the conclusion of the
clinical. Students should take an active role in evaluation meetings with the site supervisor. The goal worksheet will be submitted via UB Learns along with other assignments.

C. Assignments Due
All assignments must be completed through UB Learns for a grade to be awarded. Weekly logs are expected to be turned in each week by Sunday midnight of the clinical duration. All other assignments should be submitted on UB Learns no later than the last week of the semester enrolled for the internship.

A grade of PASS / FAIL will be awarded upon completion of all assignments required by the respective clinical requirements. Site requirements may vary and Clinical Director will make every effort to accommodate the site’s needs.

D. Membership in Professional Organizations

Junior and Senior Exercise Science students are encouraged to become student members in the professional organization appropriate to his or her career path. A few organizations are listed below.

American College of Sports Medicine (ACSM)
http://www.acsm.org/

National Strength and Conditioning Association (NSCA)
http://www.nsca-cc.org/

American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR) http://www.aacvpr.org/

American Society of Exercise Physiologists (ASEP)
http://www.asep.org/

Mid-Atlantic Regional Chapter-ACSM (MARC-ACSM) http://www.marcacsm.org/

VII. Responsibilities of Clinical Director

A. Meet and discuss clinical possibilities with students.

B. Review student resumes or portfolios and drafts of correspondence (as needed).

C. Verify that the student has current first aid/ CPR certifications, filed a current Health Update Form at Michael Hall and has completed HIPAA and Universal Precautions training.
D. Evaluate each new potential clinical site.

E. Maintain/initiate affiliation agreements with all clinical sites.

G. Send initial letters, policy and procedures manual and thank you letters to site supervisors.

H. Review midterm and final evaluation forms on UB Learns.

I. Initiate volunteer clinical instructor status for all interested site supervisors.

K. Call or visit clinical sites at least once during the clinical semester.

J. Review and grade assignments on UB Learns and submit final grade.

K. Be available and responsive to students and site supervisors.

VIII. Responsibilities of the Site Supervisor

A. Role

As the site supervisor, you have a challenging responsibility to help the student grow professionally as much as possible during their time with you. What happens during this period may make the difference between a person who approaches his/her first job with confidence and enthusiasm, recognizing his/her strengths and weaknesses, and a person who is insecure and unprepared.

The following is a general guideline of the volunteer clinical instructor's responsibilities:

1. Understand that the student is an individual who has a unique background and special needs.
2. Provide a learning plan for the student that is updated as the student develops professionally.
3. Provide guidance and counsel in an amount appropriate to the student’s personal and professional maturity.
4. Schedule conferences with the student to give feedback on performance and provide guidance on projects and assignments.
5. Oversee the student’s schedule and maintain a record of the student’s hours for verification of hours at the midpoint and final evaluation.
B. Benefits

One of the benefits of being a site supervisor is to be appointed a volunteer clinical instructor. As a volunteer clinical instructor, you may receive some University faculty privileges. The Clinical Director can provide additional information.

C. Site Acceptance Letter

The site supervisor should submit an official site acceptance letter on company letterhead to the Clinical Director prior to the start of the internship/practicum. The acceptance letter should include the approximate start and end date, number of hours to be completed and a brief description of the tasks they will be performing. The letter should be sent to the:

Director of Clinical Education
Department of Exercise & Nutrition Sciences
210A Kimball Tower
Buffalo, NY 14214

D. Evaluations

You will be asked to complete a midpoint and final evaluation (on UB Learns). It is recommended that these evaluations be discussed with the student so he/she is aware of his/her ability, strengths and weaknesses, and level of maturity as a beginning professional. Space is permitted on the evaluation form to illustrate your evaluation with specific examples or comments. In the event that problems exist to the degree that failure in performance is probable, the student and the clinical director must be notified BEFORE failure becomes a high probability so that discussions can be initiated regarding alternatives for students. Documentation of problem behaviors and pursuant conversations are essential.
IX. Graduation and Commencement

A. Graduation

The University confers degrees in June, September, and February. Date of graduation is determined by successful completion of all courses including electives, clinical, and program requirements.

B. Diplomas

The Registrar’s Office sends Diplomas to the student approximately 6 - 8 weeks after degree conferral. Make sure a correct address is on file with the Student Response Center (716)-645-2450.

D. Commencement

Information about commencement will be sent to students by the Dean’s Office, School of Public Health and Health Professions. Students whose degrees will be conferred in the current year (February, June or September) will be included in the May commencement. Questions regarding commencement should be directed to Michelle Incorvia, School of Public Health and Health Professions (716)-829-6769 or mmi@buffalo.edu.

E. Application for Degree

An Application for Degree must be filed on HUB to initiate the degree audit and subsequent degree conferral. Deadlines for submission of the Application for Degree are established and adhered to by Registrar’s Office. The status of degree application is available in your HUB Student Center (via MyUB) and your Academic Advisement Report.

F. Double Degree and Double Majors

Students planning to graduate with double degrees or double majors must make known to their ES advisor their intent to graduate with a double degree or double major. Students will need to meet with their advisor in Exercise Science to review credit and course requirements for their degree in Exercise Science.
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Appendix I  Certificate of Insurance

Appendix II  Internship Checklist

Appendix III  Important Forms

Appendix IV  Information for International Students

Appendix V  Student Assignments

Appendix VI  Evaluation Forms

Appendix VII Health Update Form
Contact Director of Clinical Education (mdedrick@buffalo.edu) for a copy of the Certificate of Insurance
Internship Checklist

Appendix II

a. Prior to placement

_____ 1. File internship application on UB Learns during Professional Development

_____ 2. *View Universal Precautions Video and take refresher quiz

_____ 3. *Proof of CPR and Standard First Aid Certifications on file

_____ 4. *Current Health Update Form on file at Michael Hall

_____ 5. Application for degree filed

_____ 6. Site acceptance letter from site supervisor on file with Clinical Director

_____ 7. *HIPAA Compliance Course Certificate on file (keep a copy!)

_____ 8. *Register for ES 429 Internship for 12 credits

_____ 9. If you are completing an off-campus internship and are not using ANY campus services, you may apply for waiver of fees at: https://www.student-affairs.buffalo.edu/judicial/waiver.php

Note: You must maintain your UB e-mail and access to UB Learns during your internship.

b. During the Internship

_____ 1. Submit professional goal sheet

_____ 2. Work on assignments (agency report, project) and submit weekly logs

_____ 3. **Midpoint evaluation (to be completed by the site supervisor and student submitted via UB Learns midway through clinical)

_____ 4. **Final evaluation (to be completed by the site supervisor and student submitted via UB Learns at end of clinical)

c. Post Clinical

_____ 1. **Submit assignments, final evaluation and site evaluation by the last week of classes of the semester you are enrolled in ES 429.

_____ 2. It is strongly recommended that you send thank you letters to site supervisors

_____ 3. **Submit Student Evaluation form on UB Learns

*You will not be allowed to begin the clinical until these requirements are satisfied.

**A grade will not be awarded until these items are submitted to the Clinical Director
<table>
<thead>
<tr>
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CURRICULAR PRACTICAL TRAINING FOR F-1 STUDENTS

What is Curricular Practical Training?

Curricular Practical Training (CPT) is a type of off-campus employment* authorization that enables international students in F-1 visa status to take part in an internship, Co-Op, field placement, practicum, or work / service experience that is integral to their curriculum.

*Please note that the USCIS defines “employment” as any type of service for which a benefit, including academic credit, is received. Therefore, even if you will not be getting paid for your internship, you should obtain CPT authorization.

What type of service / employment qualifies for CPT?

At UB, we use the following criteria to determine whether your proposed employment qualifies for CPT authorization:

- It is an internship, practicum, field placement or other type of employment / service that is required for your degree, or is a necessary component of the field of study or concentration that you have chosen within your major.
- It is taken for academic credit toward the degree.
- The employment / experience will be evaluated by a faculty member at UB, will be graded and will appear on your transcript.
- You will be registered for the appropriate course and credits in the semester during which the employment will occur. Note: Summer registration is required for summer internships.

Do I need CPT if I just want to “volunteer”?

Yes. Even if you want to “volunteer” at an off-campus location without receiving payment, you should have special off-campus authorization (CPT or OPT). Please speak to a Designated School Officer (DSO) to discuss which authorization is appropriate for your situation.

What if my department does not offer an internship, Co-Op or practicum?

If your department does not offer an internship, practicum or Co-Op, then you may not be able to pursue this type of employment. Because CPT is directly linked to the curriculum of your department, not every F-1 student at UB will have the opportunity to
utilize CPT. In cases where you will not be getting credit, or you will simply be gaining experience in your field, you should apply for Optional Practical Training (OPT) instead.

**Who is eligible for CPT?**

To be eligible for Curricular Practical Training, you must document, in addition to the conditions stated above, that:

- You are currently in valid F-1 status **AND**
- You have been in lawful status and a full-time student for at least one academic year (two semesters)** AND**
- You have a job offer for an internship from a specific employer with established beginning and ending dates.

**An exception to this requirement is given to Graduate Students whose academic program requires immediate participation in an internship or field placement.**

**Can my CPT be full-time or part-time?**

- Part-time Curricular Practical Training involves up to 20 hours of work per week.
- Full-time Curricular Practical Training involves more than 20 hours of work per week. This is only an option:
  - during the summer **OR**
  - for undergraduate engineering students who are enrolled in the Engineering Co-Op program (which requires full-time work) **OR**
  - for students whose degree programs require internships involving more than 20 hours of work per week (e.g. Exercise Science, Athletic Training, Physical Therapy, Occupational Therapy) **OR**
  - for graduate students whose thesis, project or dissertation requires CPT **and** who are only enrolled in Thesis / Dissertation Guidance.

**How long can I use CPT?**

Since few academic programs at UB require more than one or two semesters of work / service experience, most students will be eligible for only one or two semesters of CPT. CPT will not be authorized in situations where Optional Practical Training is more appropriate or for work to be done after completion of your degree requirements.

**Note:** If you are authorized for 12 or more months of full-time CPT, you lose your eligibility for post-completion Optional Practical Training. Any part-time CPT does not affect your eligibility for OPT.
How do I apply for CPT?

To apply for Curricular Practical Training, submit the following to ISSS, 210 Talbert Hall:

- International Student Data Form
- A photocopy of your current I-20 and all previous I-20's
- Academic Advisor's Recommendation Letter (guidelines attached)
  - This letter must include complete details of your internship, as requested in the attached guidelines. If the letter is incomplete or inaccurate, you will be asked to provide a new one.
- Proof of registration for your CPT credits
- Proof of Full-Time Certification from the Graduate School (if appropriate)

How long will it take to process my CPT application?

ISSS reviews CPT applications on a case-by-case basis. Therefore, review of a CPT application takes approximately 5-7 business days. ISSS will notify you directly about the status of your application. If CPT is approved, ISSS will update your information in SEVIS (Student and Exchange Visitor Information System) and print a new I-20, endorsed with your Curricular Practical Training authorization.

When can I start my off-campus internship / field placement?

You cannot begin working until you receive the Curricular Practical Training endorsement on your I-20. CPT is only valid for the period between the beginning and ending dates endorsed on the form I-20. Retroactive authorizations will not be granted. Any work that takes place outside the CPT approval dates is unauthorized employment.

May I change employers while on CPT?

No, CPT (unlike OPT) is employer-specific. Separate applications for CPT are required if you want to work for different employers. Likewise, if you want to extend your CPT employment period, you will need to submit another application.

What if I want to extend my internship and my CPT?

When authorized for CPT, you are permitted to work only from the specified beginning date through the specified ending date. If you need to extend your employment authorization, you will need to submit another CPT application. Please keep processing times in mind and submit your application to extend your CPT in a timely manner. Please also keep in mind that extensions of CPT are not guaranteed.
Appendix V

Assignments include:

Professional Goal Sheet
Weekly logs
Internship Project
Agency Report

All assignments are posted on UB Learns.

Appendix VI

Evaluations include:

Supervisor and Student Midterm Evaluation
Supervisor and Student Final Evaluation
Student Site Evaluation

All evaluations are posted on UB Learns.
APPENDIX VII

HEALTH UPDATE FORM

For information on the immunization requirements for University at Buffalo, School of Public Health and Health Professions students, please go to:

http://www.student-affairs.buffalo.edu/shs/student-health/immunization.php/