1. **About the Department**
   a. Philosophy and Approach
   b. Why Choose ENS at UB?
   c. Our Students
   d. Contact Us

2. **UB Student Responsibility Statement**

3. **Academic Integrity**

4. **Notice of Non-Discrimination**

5. **UB Curriculum**

6. **Finish in 4**

7. **Exercise Science BS**
   a. Tracks and Program Options
   b. Requirements and Curriculum
   c. Competencies
   d. Course Descriptions
   e. Clinical Experiences
   f. Admissions
   g. Tuition and Financial Aid

8. **ENS Requirements for Exercise Science Majors**
   All upper division students must be in compliance with all requirements listed below to participate in labs and clinical experiences, including practicum, internship, and volunteer activities. Failure to complete the requirements by the deadlines given will result in grade penalties in upper division courses and/or holds on student accounts. Current students should visit UBlearns for details on completing the ENS Requirements.
   a. **Annual Immunization Review Form** – Due by August 27th. All students in health-related professions must complete an annual immunization update, including a PPD test. These
requirements can be completed at Student Health Services by scheduling an appointment. See UBlearns for instructions.

b. **HIPAA** – Due by August 27th. At the end of the training, you must submit the certificate of training for the program. Scan and e-mail the certificate to lannen@buffalo.edu. You should also print a copy for your records. If you lose your copy, you will have to repeat the training. Instructions can be found on UBlearns under ENS Requirements.

c. **First Aid/CPR** - Due by August 27th. Students must complete BLS Healthcare Provider CPR and First Aid. Courses are offered through UB Recreation and Intramurals. You are responsible for submitting copies of your certification cards. See UBlearns for instructions.

d. **Universal Precautions** – Due by August 27th. Students must watch the video and pass the quiz to satisfy this requirement. See UBlearns for instructions.

e. **Medical equipment for ES** – All ES students will need to purchase equipment to partake in labs and clinical experiences. Equipment kits can be purchased at the UB Medical Bookstore. See UBlearns for instructions.

f. **Polo Shirts** – All ES students should purchase a polo shirt for volunteer community events, practicum and internship experiences. ES polo shirts are available to purchase at the North Campus bookstore. See UBlearns for details.

9. **Exercise Science BS/MPH**
   a. Competencies
   b. Program Sequence
   c. Admissions

10. **Exercise Science BS/Nutrition MS**
    a. Requirements and Curriculum
    b. Competencies
    c. Course Sequence
    d. Course Descriptions
    e. Clinical Experience
    f. Admissions

11. **Exercise Science BS/MS**
    a. Requirements and Curriculum
    b. Competencies
    c. Course Sequence
    d. Admissions

12. **Exercise Science BS/Athletic Training MS**
    a. Requirements and Curriculum
    b. Admissions
13. **Health and Wellness Minor**  
a. **Requirements and Curriculum**  
b. **Recommended Sequence of Courses**  
c. **Course Descriptions**  
d. **Admissions**

14. **Nutrition Minor**  
a. **Requirements and Curriculum**  
b. **Recommended Sequence of Courses**  
c. **Course descriptions**  
d. **Admissions**

15. **Program Policies**  
a. **Academic Requirements**  
   All ES students must maintain an overall UB GPA ≥ 2.0 and a major GPA ≥ 2.0. All students in the Pre-Physical Therapy track must maintain a GPA of ≥ 2.7. The ES major GPA includes all required coursework in the major and is a cumulative GPA. Students will be monitored each semester to ensure that they are making satisfactory academic progress in the major. Failure to maintain an ES major GPA or UB GPA ≥ 2.0 will result in the student receiving warnings, mandatory advising, and required attendance at an academic workshop. Students who fail to maintain an ES major GPA or UB GPA ≥ 2.0 for three consecutive semesters will be removed from the major. Students must pass all required courses with a D or higher.

b. **Leave of Absence**  
   i. **Program Leave of Absence**: Students who wish to take a leave of absence from the ES program should complete a formal Undergraduate Leave of Absence Application. This is a departmental form that requires students to be in good academic standing when applying for a leave of absence. Students should meet with their Academic Advisor when considering a leave of absence from the program or the university. There is a separate form to complete if a student is planning to take a leave of absence from the university.
   
   ii. **UB Leave of Absence**

c. **Academic Grievance Policy and Procedures**
d. **Repeat Policy**
e. **Class Attendance**
f. **Attendance on Religious Holidays**
g. **Graduation**
h. **FERPA**
i. **Course Evaluation**
j. **Academic Load**

Updated 8/6/2018
k. Adding, Dropping and Resigning Courses
l. Change of Undergraduate Major

16. SPHHP Office of Student Services – academic advisement for all SPHHP majors and minors
   a. Phone: 829-5000
   b. Email: sphhp-oasa@buffalo.edu

17. Transfer students
   a. Course Articulation (TAURUS)

18. Important Resources
   a. Student Support Services
   b. Academic Support Services
   c. Accessibility Resources
   d. Student Conduct and Advocacy
   e. Emergency and Crisis Services
   f. Office of Equity, Diversity and Inclusion
   g. 1Capen
   h. Registrar
   i. Career Services
   j. Intercultural and Diversity Center
   k. Student Accounts
   l. HUB
   m. Financial Aid
   n. Mental Health Counseling

19. SPHHP Graduate Programs
   a. Exercise and Nutrition Sciences PhD
   b. Exercise Science MS
   c. Nutrition MS
   d. MPH Programs
   e. DPT Program
      i. The BS in ES – Pre-PT concentration prepares students to apply to UB’s DPT program. Students interested in applying to this program should visit the DPT program website for important information about the program. An informational session is held early in the fall for students applying to the program. Acceptance is very competitive.
      ii. Prerequisites
      iii. Admissions

20. Undergraduate Research
   a. ENS Faculty Research Interests

Updated 8/6/2018
b. Center for Undergraduate Research and Creative Activities (CURCA)

21. Career Resources
   a. American College of Sports Medicine
   b. National Strength and Conditioning Association
   c. Health Professions Job Sites
   d. O*NET Online